



विद्या सर्वार्थ साधिका

ANANDALAYA
PERIODIC TEST-3
Class: VI

Subject : English
Date : 03 – 01 – 2023

M.M: 30
Time: 1h 30m

General Instructions:

1. The Question Paper contains four parts.
2. All the parts are compulsory.
3. Read carefully and answer the optional questions according to the specific instructions.

SECTION- A (READING) (7 Marks)

1. Read the passage carefully and answer the following questions:

1. The increasing number of overweight children and adults is a worldwide health issue. Obesity is a growing problem which is now seen in school-going children too. There are various reasons for it
2. The first cause of obesity is junk food. It is often seen that many children are fond of burgers, pizzas, noodles and aerated drinks. These types of foods are easily available to them. Children love to consume chips, chocolates, and ice creams instead of a balanced meal. In a large number of families, both parents are working people, which leaves them with little or no time to cook. Consequently, food is ordered from restaurants, in place of home-cooked food. This type of food when eaten excessively can cause health issues. This problem can be rectified to a certain extent by teaching children to make simple healthy meals for themselves and by banning junk food and fizzy drinks. Children can improve their health by including milk, juice and fruits in their diet.
3. The second cause of obesity is a sedentary lifestyle. It is true that the use of computers and watching television is on the rise among the children. They also spend most of their time on mobile phones or playing video games on a computer. This technological advancement has reduced the level of physical activity among children.
4. This issue can be resolved by encouraging children to do physical exercises. Parents should ensure that children involve themselves in outdoor activities. Furthermore, sports must be given equal importance along with academics in the school curriculum. Sports can help students to stay healthy.
5. Other reasons leading to weight gain and obesity can be:
Psychological Factors: Some people tend to eat excessively when they are sad. Food acts as a source of comfort. This in due course result in obesity. Genetic Factor: Obesity may be inherited from parents in certain cases. Medication: Regular intake of certain medicines such as antidepressants may also lead to weight gain and eventually result in obesity.

- (a) How do psychological factors cause weight gain? (1)
- (b) What causes a sedentary lifestyle among children? (1)
- (c) How can one have a healthy diet? (1)

- (d) Which problem has been identified among children these days and what measures can be useful to resolve this problem? (1)
- (e) Sports must be given equal importance along with academics in the school curriculum. Why? (1)
- (f) Find out words from the passage that mean the same as: (2)
- a) corrected (paragraph 2) _____
- b) consumption (paragraph 5) _____

SECTION- B (WRITING) (9 Marks)

2. (a) Your class is going for an educational trip to another city. You wish to be a part of that trip and you have to take permission and consent from your father for the same. Construct dialogues between your father and you in not more than 60-80 words. (4)

OR

- (b) Your friend Ravi could not do his math assignments as he had to attend a wedding with his parents. Construct dialogues between Ravi and his Math teacher for not submitting the assignments in not more than 60-80 words.
3. Write a short paragraph in about 120 words describing your laptop using the hints given below. (5)

Company – many functions – size – colour – keys and buttons – useful for doing assignments and projects – programmes like Microsoft office – USB port – headphone jack – Microphone jack – hard disk capacity – any special feature

SECTION- C (GRAMMAR) (4 Marks)

4. Your mother has gone out of town. You are alone at home. Two guests have come to your house and you have to prepare two cups of tea for them. Write down how you have prepared tea for them. (2)

The instructions for preparing tea are given below. Use them to complete the paragraph. Do not copy entire paragraph.

INSTRUCTIONS

1. Take one cup of water in a vessel.
2. Add 2 teaspoons of tea leaves and 2 teaspoons of sugar.
3. Bring it to boil on a medium flame.
4. Add grated ginger (optional)
5. Add one and a half cup of milk.
6. Bring the mixture to a boil and continue it for 3 – 4 minutes.
7. Stir continuously.
8. Strain immediately using a strainer
9. Serve immediately.

One cup of water is boiled in a vessel. Two teaspoons of sugar and tea leaves (A)_____ and the mixture (B)_____ on a medium flame. Grated ginger and one and a half cup of milk are added to it. Let this mixture be boiled for 3 – 4 minutes. It is stirred continuously. This mixture (C)_____ through a strainer and must be (D) _____ immediately.

- (A) (i) is added (ii) added (iii) are added (iv) was added
(B) (i) is boiled (ii) boiled (iii) was boiled (iv) is being boiled
(C) (i) was strained (ii) is being strained (iii) is strained (iv) has been strained
(D) (i) had been served (ii) served (iii) was served (iv) is served

5. Rearrange the words to make meaningful sentences. One has been done for you. (2)

(a) has / rich / cultural / India / a / heritage

India has a rich cultural heritage.

(b) largest / democracies / one of / the / world / in / the / it / is

(c) population / second largest / in / it is / and / agriculture-based / economy / the / has

SECTION - D (LITERATURE) (10 Marks)

6. Read the extract from the poem and answer the following questions. (2)

*Words are the food and dress of thought
They give it its body and swing
And everyone's longing today to hear
Some fresh and beautiful thing
But only words can free a thought
From its prison behind your eyes
May be your mind is holding now
A marvelous new surprise!*

(b) Why are words referred to as the food and dress of thought?

(a) What does the poet mean by 'prison behind your eyes'?

OR

Read the extract from the lesson and answer the following questions.

"The voice of Panch is the voice of God. Let my aunt nominate the head Panch. I will abide by her decision."

(a) Who is the speaker of these lines and why did he come to the panchayat?

(b) Whom did the aunt nominate and what was the reaction of the speaker?

7. Answer the following questions in 30 words (ANY TWO) (4)
- (a) Was the child jealous of the gardener? Why did he desire to be a gardener?
 - (b) Who was cleverer between the myna and the crow in the story – ‘The Banyan Tree’?
Give reasons to support your answer.
 - (c) The monkey decided to discontinue his friendship with the crocodile. Give reasons for his decision.
8. Answer the question in 100 – 120 words. (ANY ONE) (4)
- (a) “Let no one deviate from the path of justice and truth for the sake of friendship or enmity.”
Explain the role of a judge with reference to the lesson – ‘Fair Play’.
 - (b) ‘Early to bed and early to rise makes a man healthy, wealthy and wise’.
Express your views regarding the importance of sleep, disorder and consequences of sleeplessness with reference to the lesson -The Wonder called sleep.